

PRACTICAL ASSESSMENT CENTRE



THE ACTIVITIES AT EACH WORKSTATION WILL ASSESS YOUR ABILITY TO DEMONSTRATE THE TRAITS AND SKILLS REQUIRED OF THE CAREER FIREFIGHTER ROLE. WE WILL BE LOOKING FOR YOU TO DEMONSTRATE:

WHAT HAPPENS AT PAC?	THE ASSESSMENTS
<p>A PAC session runs for approximately 3 hours at one of our training centres. You will complete a series of activities, both individually and as part of a team.</p> <p>YOU WILL BE OBSERVED AND ASSESSED ON THE FOLLOWING CRITERIA:</p> <ul style="list-style-type: none"><input type="checkbox"/> Working with people<input type="checkbox"/> Problem solving<input type="checkbox"/> Following instructions<input type="checkbox"/> Practical ability<input type="checkbox"/> Coping with pressure <p>ON THE DAY</p> <ul style="list-style-type: none"><input type="checkbox"/> Arrive at least 15 minutes early<input type="checkbox"/> Arrive wearing suitable training attire and footwear<input type="checkbox"/> Bring a drink bottle <p>Be prepared to experience some fatigue whilst completing these activities, to simulate the pressures that may be experienced on the job.</p> <p>Maintaining a solid level of aerobic fitness will be beneficial in this process.</p>	<p>WORKING WITH PEOPLE</p> <ul style="list-style-type: none">+ Communicate in a clear and concise manner with confidence.+ Show your ability to relate with people.+ Present to an audience.+ Confidently and constructively convey ideas and be easily understood.+ Engage throughout the activity session and be attentive to others' ideas.+ Be a positive influence and contributor on group dynamics. <p>PROBLEM SOLVING</p> <ul style="list-style-type: none">+ Able to offer suggestions on the task at hand that contribute to a group working effectively together.+ Be able to develop successful strategies and contribute to a plan when solving tasks.+ Pre-prepare any necessary information in a structured way.+ Meet specifications of timing and be well organised.+ Provide explanations if necessary.+ Be able to develop ideas. <p>FOLLOWING INSTRUCTIONS</p> <ul style="list-style-type: none">+ Be able to interpret and comply with instructions given. <p>PRACTICAL ABILITY</p> <ul style="list-style-type: none">+ Be able to show you have the necessary practical skills, with a high degree of speed and efficiency.+ Show you can work in a logical and practical manner. <p>COPING WITH PRESSURE</p> <ul style="list-style-type: none">+ Remain calm and composed.+ Regain composure if necessary.