

PRACTICAL ASSESSMENT CENTRE (PAC) CANDIDATE INFORMATION



WHAT HAPPENS AT PAC?

At PAC day you will complete a series of activities, both individually and as part of a team.

You will be observed and assessed on the following key skills:

Communication and Teamwork
Problem Solving
Following Instructions
Practical Skills
Performance Under Pressure

You will be marked from 1-5 in each of the criteria within those key skills. To pass you will need an average of 3 in all key skills to progress.

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|---|--------------------|--------------|
| 1 | Well Below Average | UNSUCCESSFUL |
| 2 | Below Average | |
| 3 | Average | SUCCESSFUL |
| 4 | Above Average | |
| 5 | Exceptional | |

**EXPECT TO BE UNDER FATIGUE
WHILST COMPLETING SOME OF
THESE KEY SKILLS. A GOOD
STANDARD OF AEROBIC FITNESS
WILL AID YOU IN THIS.**

COMMUNICATION AND TEAMWORK

- Be able to communicate in a clear and concise manner with confidence.
- Show your ability to connect with people.
- Key skills in presenting to an audience.
- Confidently and constructively be able to convey ideas and be easily understood.
- Engaged throughout activity session and attentive to others' ideas.
- Highly effective communication.
- A positive influence on group dynamics.

PROBLEM SOLVING

- Able to offer suggestions on task completion that will see a group work effectively together.
- Be able to develop successful strategies and contribute to a plan when solving tasks.
- Pre-prepare any necessary information in a structured way.
- Meet specifications of timing and be well organised.
- Provide explanations if necessary.
- Be able to develop ideas.

FOLLOWING INSTRUCTIONS

- Able to comply with instructions given.

PRACTICAL SKILLS

- Be able to show you have the necessary practical skills, with a high degree of speed and efficiency.
- Show you can work in a logical and practical manner.

PERFORMANCE UNDER PRESSURE

- Remain calm and composed.
- Regain composure if necessary.